



SPUTUM COLLECTION INSTRUCTIONS

1. Wash and rinse your mouth with water.
2. Sample should be collected in the early morning.
3. Cough deeply. The sputum (mucus from lower lungs) should go directly into the sterile container, which is supplied by the Lab.
4. DO NOT expectorate (spit) saliva or post-nasal drip into the container.
5. Use the collection kits for all sputum (mucus). Make sure the lid is on tightly.
6. Send only the inner plastic tube to the Lab. Never send a leaky container.
7. Be sure to include your name, date, and time of collection on the container.
8. **Deliver to the Lab within one hour of collection.** Parrish Medical Center is open 24 hours a day, 7 days a week to receive incoming samples at 951 N. Washington Ave., Titusville, FL 32796.

Please call the Express Lab at 321-268-6333, ext. 7344 or the Main Lab after hours at 321-268-6134 if you have any questions.

Parrish Medical Center

951 N. Washington
Titusville, FL 32796
Phone: 321-268-6134
Open 24 hours

PMC Express Lab:

321-268-6333, ext. 7344;
Mon.–Fri., 6:30am–6pm;
Saturday, 7am–Noon