



951 North Washington Ave
Titusville, Florida 32796
Clinical Laboratory

Timed Urine Specimen

Purpose: Patient instruction sheet for collecting a timed urine specimen.

Your collection will be for (**circle one**):

24 hours 6 hours 4 hours 2 hours

The lab will provide a collection container for storing the urine specimen. It may be necessary to refrigerate this specimen during its collection period.

Caution: The 24-hour container may contain a preservative. The preservative may be toxic and caustic; please do not discard or spill the preservative.

Collection Instructions:

1. Void completely before beginning the collection. Discard this urine.
2. Note the date and beginning time of the collection, and determine the ending time.
3. Collect all urine during this time period. Keep refrigerated during collection.
4. At the ending time, empty your bladder and add this final urine specimen to the container.
5. Transport sample to any of the following locations as soon as possible with the doctor's requisition and this instruction sheet.

Collection Locations and Times-Closed Weekends and Holidays

Parrish Medical Center (Express Testing) - 951 N. Washington Ave - Titusville, FL 32796 –
Phone: 321-268-6134, Monday-Friday- 6:30am - 6:00pm

Parrish Health & Fitness - 2210 Hwy 50 - Titusville, FL 32780 - Phone: 321-268-6333 - (ext 8598)
Monday- Thursday 6:30am – 2:45pm & Friday 6:30am – 1:00pm

Parrish Healthcare Center -5005 Port St John Pkwy -Port St. John, FL 32927- Phone: 321-636-9393
Monday-Friday -7:00am - 2:45pm (**Closed Noon – 12:30**)

Parrish Medical Group Diagnostics Center
3045 Columbia Blvd, Unit 108A Titusville, Florida 32780 - Phone: 321-268-6821
Monday–Friday - 7:00 am–7:00 pm

- ◆ **Date:** _____
- ◆ **Collection time started:** _____
- ◆ **Collection time ended:** _____
- ◆ **Test name:** _____
- ◆ **Container preservative:** _____
- ◆ **Refrigerate:** YES / NO

If you have any questions please call 268-6134.