



951 North Washington Ave
Titusville, Florida 32796
Clinical Laboratory

Collection Procedure for Clean Catch Urine

1. Wash hands.
2. Break sterile seal on the side of the container.
3. Place flat surface of lid on counter.
4. **DO NOT** touch inside the lid or inside the specimen container with hands.
5. Tear open all three towelette packets.
6. **Please note:**

Females: Hold labia with one hand and wash one side of vulva front to back. Wash second side with second towelette, and center with third towelette.

Males: If uncircumcised, hold foreskin back. Wash head of penis from center outward with each towelette.
7. While holding labia apart or foreskin back, begin to void into toilet.
8. Bring container into stream and partly fill it. Make sure top edge of container does not touch anything.
9. Finish emptying bladder into toilet.
10. Close specimen container with lid. **DO NOT** touch inside the specimen container with your hands.