

## OCCULT BLOOD SAMPLE COLLECTION, STORAGE AND PREPARATION

**Note:** There are no dietary restrictions before collection.

- 1. Place supplied collection paper inside toilet bowl on top of water.
- 2. Deposit stool on top of the collection paper.
- 3. Collect sample from stool before paper sinks and stool sample touches water.
- 4. Avoid including water from toilet water in sample.
- 5. Flush: Collection paper can be flushed.

Fill in all required information on the sample bottle.

- A. Open cap of test kit by turning it counter-clockwise and pulling up.
- B. Scrape the surface of the stool sample with the sample stick. Cover the grooved portion of the sample stick completely with stool.



- C. Close sampling bottle by inserting the sample stick and screwing cap on tight to the right. Do not reopen.
- D. Stool sample may be stored at room temperature for up to 15 days, or can be refrigerated at  $35.5^{\circ}F-46.5^{\circ}F$  ( $2^{\circ}C-8^{\circ}C$ ) for up to 30 days.
- E. Once collected, please return to Parrish Medical Center. Go to the check-in desk and let them know you are returning a sample. You will have to register. To reduce wait time, you may preregister by calling 321-268-6150.

**Lab Locations:** (holiday/weekend hours may vary)

Parrish Medical Center (Express Testing): 951 N. Washington Ave., Titusville, FL 32796 Mon.-Fri., 6:30am-6pm and Sat., 7am-Noon, 321-268-6333, ext. 7344 or Main Lab open 24-hours at 321-268-6134

Health and Fitness Center: 2210 Hwy. 50, Titusville, FL 32780 Mon.-Thurs., 6:30am-3pm, Fri., 6:30am-Noon; 321-268-6721

**Healthcare Center | Port Canaveral:** 390 Challenger Rd., Port Canaveral, FL 32920 Mon.-Fri., 8am-5pm; 321-633-8640

**Healthcare Center | Port St. John:** 5005 Port St. John Pkwy, Port St. John, FL 32927 Mon.-Thurs., 7am-4pm, Fri., 7am-Noon; 321-636-9393, ext. 8015

**Healthcare Center | Titusville (Titus Landing):** 250 Harrison St., Titusville, FL 32780 Mon.-Fri., 7am-4pm; 321-268-6764, ext. 8353

Please call the Lab at 321-268-6134 if you have any questions.